

# Male Allies for Women's Safety

## 60-90 Minute Workshop

Over the years there has been an increasing spotlight on the safety of women. It is all too common for women to feel at risk, even when simply going about their daily lives. Public events over the last few years have shown just how crucial it is that we seek the support of men in helping to prevent violence against women and girls. Women who have previously accepted that they live in constant fear for their safety are now asking for positive action and are seeking immediate help for permanent change.



**The Male Allies Workshop provides an environment where men can understand more about the issues and safely discuss and share suggestions on how they can support women.**

## Content

**The facts** – how much of an issue is this?

**Dismantling the pyramid** – how all men are part of the solution

**Signs and Intervening** - recognising warning signs and intervening in situations where boundaries are being crossed

**Allyship** - What does it take to be an ally?

**Active Bystander** - Being an active bystander when witnessing something inappropriate

**Actions** - Personally taking actions to ensure women feel safer

**Responsibility** - Allowing managers to consider what they need to be doing to ensure that their female employees are safe, particularly in hybrid working world

## Format

The sessions are facilitated by Gillian Jones-Williams and should include senior male leaders from the business.

Gillian is the Founder of the RISE Empowering Women's Programme.

She is also a Patron of Aurora New Dawn, a charity that supports survivors of domestic abuse, rape and stalking.

The workshop can be extended to include members of your own organisation involved in safeguarding who may want to add internal policies or safety information.