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EMPOWERED WOMEN'S SUCCESS PROGRAMME

What is 'it' that some women have that makes them so successful?
This App reveals the tips, techniques and secrets which are contained in the model: 'The 8 Traits of Successful Women'.
Gillian Jones-Williams provides a motivating insight into how you can adopt these practices to enhance your own life and career.

Whilst there are many external barriers that women have to overcome in order to achieve the success they desire, there are also many internal barriers. More often than not, confidence is a contributing factor to these barriers.

Once women understand that confidence is not constant and that it can be manufactured in different situations they immediately start to feel more in control. Often, women need to change their "limiting" beliefs and, once they understand how to do this, they soon realise they can achieve anything!

The App provides powerful tools and techniques for increasing confidence and ensuring that "self-talk" is supportive and empowering. Gillian Jones-Williams helps you to set the scene for what makes women successful and how to start changing the thought process. Sue Peckham and James Holmes provide powerful meditations to programme your mind for success and help you live the life you have always dreamed of.

